



First Event: Exploring Opportunities for Health and Wellbeing Across Scottish Universities and Communities

Time	Activity	Details
12:30PM – 1:00PM	Lunch & Registration	Networking / Photo Exhibition
1:00PM – 1:15PM	Welcome & Project Overview	Opening remarks and presentation by Prof Judith Sixsmith, Project Co-Lead
1:15PM – 1:30PM	UK Healthy Universities Network (UKHUN)	Presentation by Prof Mark Dooris, Prof Sue Powell, UK Healthy Universities Network
1:30PM – 1:45PM	Scottish Healthy Universities Network	Presentation by Dr Linda McSwiggan, Project Co-Lead
1:45PM – 2:00PM	Café Stimuli & Discussion: Case 1	Collision between community and university
2:00PM – 2:15PM	Café Stimuli & Discussion: Case 2	Incidental contact within community
2:15PM – 2:30PM	Coffee & Tea	Break / Photo Exhibition
2:30PM – 2:45PM	Café Stimuli & Discussion: Case 3	Within university opportunities.
2:45PM – 3:00PM	Café Stimuli & Discussion: Case 4	Opportunity within the community
3:00PM – 3:15PM	Café Stimuli & Discussion	Promising practice for creating healthy communities
3:15PM – 3:30PM	Open Forum: Summary & Next Steps	Group feedback, next steps & final remarks